

(19) World Intellectual Property Organization  
International Bureau



(43) International Publication Date  
31 May 2001 (31.05.2001)

PCT

(10) International Publication Number  
**WO 01/37814 A1**

(51) International Patent Classification<sup>7</sup>: **A61K 9/24,**  
31/465

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(21) International Application Number: **PCT/GB00/04428**

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(22) International Filing Date:  
22 November 2000 (22.11.2000)

(25) Filing Language: English

(26) Publication Language: English

(30) Priority Data:  
9927525.7 23 November 1999 (23.11.1999) GB  
0021645.7 4 September 2000 (04.09.2000) GB

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(81) Designated States (*national*): AE, AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, CA, CH, CN, CR, CU, CZ, DE, DK, DM, EE, ES, FI, GB, GD, GE, GH, GM, HR, HU, ID, IL, IN, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MA, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR, TT, TZ, UA, UG, US, UZ, VN, YU, ZA, ZW.

(84) Designated States (*regional*): ARIPO patent (GH, GM, KE, LS, MW, MZ, SD, SL, SZ, TZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, CY, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE, TR), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GW, ML, MR, NE, SN, TD, TG).

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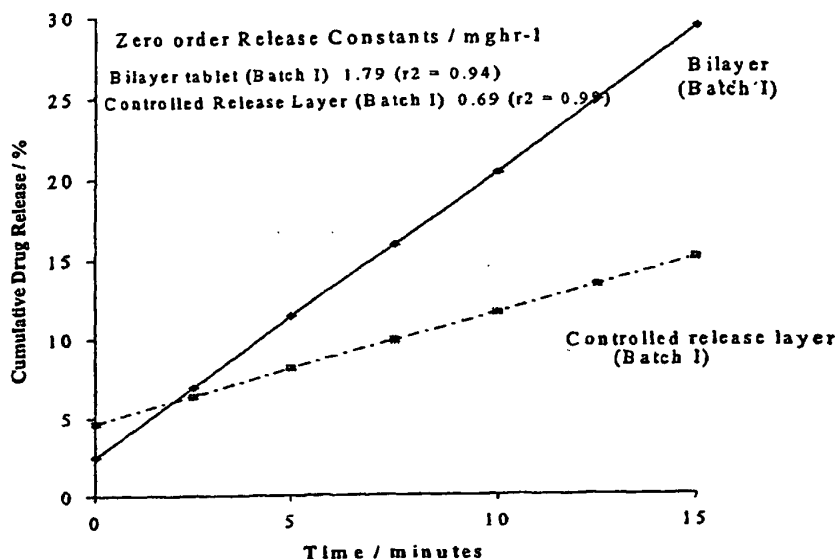
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Published:

— With international search report.

For two-letter codes and other abbreviations, refer to the "Guidance Notes on Codes and Abbreviations" appearing at the beginning of each regular issue of the PCT Gazette.

(54) Title: **BILAYERED BUCCAL TABLETS COMPRISING NICOTINE**



(57) Abstract: A method of delivering substance, e.g. a drug, to a subject comprises attaching a tablet or other dosage form to a buccal mucosa, where the dosage form is adapted to release the substance in a multiphasic manner, typically with an initial burst release of substance followed by controlled release over a longer period. The substance is typically nicotine.

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## BILAYERED BUCCAL TABLETS COMPRISING NICOTINE

1

2

3 This invention relates to the delivery of substances  
4 such as bio-active agents and pharmaceuticals to the  
5 body. In a preferred embodiment the invention  
6 concerns the delivery of nicotine to the buccal area.

7

8 Nicotine replacement therapy (NRT) is a frequent  
9 component of strategies to help smokers stop smoking.  
10 Present NRT delivery systems include chewing gum and  
11 transdermal patches which release the drug over a  
12 period of time but do not provide an initial surge of  
13 rapidly released drug that mimics the effect of  
14 cigarette inhalation; nasal sprays and inhalers are  
15 also available which deal with this problem, but  
16 these methods do not permit long term release.

17

18 According to the present invention there is provided  
19 a method of delivering a substance to the buccal  
20 mucosa of a subject, the method comprising providing  
21 a tablet comprising a quantity of the substance to be  
22 delivered, the tablet having multi-phasic release

1 properties to release controlled amounts of the  
2 substance to the subject over time, and releasing the  
3 substance from the tablet in the subject's mouth.  
4 The invention also provides a tablet for delivery of  
5 a substance to the buccal mucosa of a subject, the  
6 tablet comprising a quantity of substance to be  
7 delivered to the subject, the tablet having multi-  
8 phasic release properties adapted to release  
9 controlled amounts of the substance to the subject  
10 over time.

11

12 The tablet can be of conventional physical design but  
13 any vehicle capable of bearing the substance and  
14 dissolving in the mouth can be used.

15

16 The tablet may have a multi-layer structure with  
17 different amounts of substance associated with each  
18 layer. This can be by making different homogeneous  
19 layers with different release characteristics or by  
20 enclosing different quantities of substance within  
21 layers of e.g. coating that can dissolve at different  
22 rates, thereby deferring the time until the fluids in  
23 the mouth dissolve the substance and/or the tablet  
24 matrix.

25

26 The tablet may comprise a bioadhesive such as  
27 Carbopol(TM) or chitosan, or a similar bioadhesive  
28 polymer, and this can optionally be in a separate  
29 adhesive layer, or can be incorporated into another  
30 part of the tablet, such as the slow (or controlled)  
31 release layer. The inventors have found that these

1 compounds also assist in controlling the release of  
2 the substance. The tablet may also contain other  
3 agents to control the release of the substance such  
4 as hydroxypropylmethyl cellulose, hydroxypropyl  
5 cellulose, poly D L lactide- and/or glycolide-  
6 related polymers. Such polymers are very useful in  
7 the present invention as they swell when hydrating  
8 and this can be used to control the release  
9 characteristics of the substance which is retarded in  
10 the swollen polymer until the polymer starts to  
11 dissociate from the tablet. This can be used to  
12 change the release characteristics of the tablet  
13 without necessarily changing the amount of substance  
14 in the tablet, and without layering the tablet. Thus  
15 multi-phasic release properties can be achieved with  
16 a homogeneous tablet.

17

18 The outer layer of the tablet may be adapted to  
19 release a quantity of the substance very quickly to  
20 satisfy a craving in the subject for addictive  
21 substances.

22

23 Typically the substance is nicotine. Other  
24 substances are also suitable such as cannabinoids,  
25 antibiotics, analgesics or anaesthetics such as  
26 lidocaine for direct application to mouth ulcers etc  
27 or for use prior to or following dental treatment,  
28 and drugs for other buccal infections. In principle,  
29 any drug that is suitable for oral administration can  
30 be used in the present invention.

31

1     Excipients that assist in the penetration of the  
2     substance through the buccal membrane can be  
3     included, such as bile salts.

4

5     The inner layer or layers may be associated with  
6     slower release of substance. The layers may contain  
7     the substance as an integral component of the layers  
8     or the substance may be provided in a separate layer  
9     beneath coatings that exhibit the desired release  
10    characteristics. For example, the layers may be made  
11    up of a material that is adapted to dissolve at a  
12    known rate so as to release the substance underneath  
13    the layer or trapped within it at a set time after  
14    the tablet is placed in the mouth.

15

16    Preferably different layers have different release  
17    characteristics. For example the outer layers are  
18    preferably capable of releasing substance at a  
19    different (preferably faster) rate than the inner  
20    layers.

21

22    In a preferred embodiment the tablet formulation  
23    consists of two distinct layers, each of which has a  
24    specific function. A controlled release layer  
25    containing a bioadhesive is attached to the mucosal  
26    tissue lining the cheek adjacent to the gum (gingiva)  
27    in the buccal area of the patient's mouth. Upon  
28    contact with saliva the rapid release layer  
29    disintegrates and releases nicotine, which is  
30    subsequently absorbed through the oral mucosa into  
31    the systemic circulation. This immediate release and

1 absorption of nicotine is designed to reduce or  
2 eliminate the cravings for nicotine of the smoker,  
3 particularly those following a meal (post-prandial  
4 cravings). The time period over which the tablet  
5 remains attached to the buccal mucosa typically  
6 determines the time period over which nicotine is  
7 released. This is potentially up to three or four  
8 hours. During this period nicotine is being absorbed  
9 into the systemic circulation at a constant rate  
10 (referred to as zero order release), independent of  
11 the amount of nicotine remaining in the formulation,  
12 thus eliminating further cravings for nicotine. The  
13 user may, at any time, detach and remove the tablet  
14 if they think this appropriate. One possible scenario  
15 of usage is removal of the tablet prior to eating a  
16 meal followed by attachment of a new tablet following  
17 completion of the meal.

18  
19 Various doses of nicotine or other substance can be  
20 incorporated into the tablet, in both the rapid and  
21 controlled release layers, thus allowing flexibility  
22 in reducing regimes for patients and tailoring the  
23 formulation to individual patterns of craving for  
24 nicotine. The incorporation of different doses of  
25 drug does not alter the release mechanism; i.e. it  
26 remains rapid from the first layer and zero order  
27 from the controlled release layer.

28  
29 Typical dimensions of the tablet are 6mm diameter and  
30 3mm thickness. These dimensions are usefully  
31 independent of nicotine or other substance content as

1 any reductions in the same are compensated for by  
2 increased amounts of diluent to maintain tablet  
3 weight and dimension.

4  
5 For mucoadhesion, Carbopol C934 has been extensively  
6 studied and been shown to produce excellent adhesion  
7 to mucosal membranes. The bioadhesive strength of  
8 this poly (acrylic) acid polymer increases with  
9 polymer concentration up to 25% w / w and thereafter  
10 remains relatively constant and a tablet containing  
11 5-50 % C934 can adhere to the gingiva for 550-600  
12 minutes. C934 was therefore favoured as the  
13 mucoadhesive polymer in the formulation at a  
14 preferred concentration of around 20 % w / w where  
15 mucoadhesive strength is near maximum and below the  
16 50 % concentration, which has the potential to cause  
17 some mucosal irritation.

18  
19 For controlled drug release from buccal adhesive  
20 tablets, HPC is effective in producing controlled  
21 drug release.

22  
23 The layers of the tablet need not be concentric  
24 although in certain embodiments this is preferred.  
25 In certain embodiments shown in the examples  
26 following the tablet has two (or more) flat layers in  
27 a "sandwich" structure.

28  
29 Examples of the invention will now be described by  
30 way of illustration, and without limiting the scope

1 of the invention, with reference to the accompanying  
2 drawings, in which:

3 Fig. 1 is a schematic view of a tablet;  
4 Fig. 2 is a graph of representative nicotine  
5 release profiles from dosage forms;  
6 Fig. 3 is a diagrammatic representation of drug  
7 release from a polymer matrix;  
8 Fig. 4 is a graph of release of nicotine from a  
9 bi-layer tablet;  
10 Fig. 5 is a schematic diagram of diffusion  
11 apparatus used in the methods described;  
12 Fig. 6 is a graph of water uptake profiles for  
13 buccal adhesive tablets;  
14 Fig. 7 is a graph of NHT dissolution profiles  
15 for buccal adhesive formulations;  
16 Fig. 8 is a graph of diffusional exponent values  
17 for nicotine buccal adhesive tablets;  
18 Fig. 9 is a graph of NHT kinetic rate constant  
19 values for nicotine buccal adhesive tablets;  
20 Fig. 10 is a graph demonstrating the linear  
21 relationship between NHT release rates and HPC  
22 content of nicotine buccal adhesive tablets  
23 using diffusion dissolution apparatus;  
24 Figs. 11 and 12 are graphs showing dissolution  
25 profiles for bilayer tablets; and  
26 Fig. 13 shows drug release profiles of NHT  
27 bilayer tablets over the first hour of a 4 hour  
28 flow through dissolution test.

29

30 Example 1.

31



1     Controlled release formulations A - F were produced  
2     as shown in Table 1.1, containing nicotine in the  
3     form of NHT, PVP to act as a binding agent, lactose  
4     as a diluent and magnesium stearate as a lubricant.  
5     C934 was included to impart adhesive properties and  
6     HPC was included in a range of concentrations to  
7     investigate its effect on NHT release. PVP (molecular  
8     weight 44000) is included as a binding agent, but  
9     also has release-controlling properties.  
10    Carbopol(TM) 934P is a synthetic high molecular  
11    weight cross-linked polymer, which imparts  
12    bioadhesive properties on the formulation. In  
13    addition this polymer also has release-controlling  
14    and binding properties.  
15  
16    Spray-dried lactose is included as an inert diluent.  
17    The physical and chemical properties of this material  
18    are ideal for use as such an agent.  
19  
20    HPC is a semi-synthetic polymeric cellulose  
21    derivative which has matrix-forming properties. Once  
22    hydrated the drug can diffuse out of the matrix.  
23    This material thus has drug release controlling  
24    properties.  
25  
26    Magnesium stearate was optionally added as a glidant  
27    and anti-adherent agent which facilitates powder flow  
28    (essential for successful tablet production) and  
29    prevents adherence of the powder materials to the  
30    tooling of the tablet manufacturing apparatus.  
31

1 Table 1.1. Excipient concentrations used in the  
2 preparation of formulations A - F.

<i>Excipient composition of tablet mg / tab</i>						
	A	B	C	D	E	F
NHT	10	10	10	10	10	10
PVP (44,000)	6	6	6	6	6	6
C934	20	20	20	20	20	20
HPC	-	10	20	30	40	50
SDL	63	53	43	33	23	13
MGS	1	1	1	1	1	1

3 NHT = nicotine hydrogen tartrate, PVP = polyvinylpyrrolidone, C934 =  
4 carbopol, HPC = hydroxypropylcellulose, SDL = spray dried lactose

5  
6 The excipients were weighed accurately and physically  
7 mixed by shaking in a bag for 10 minutes. Powder  
8 mixes were used to produce 100 mg tablets by direct  
9 compression using an eccentric tablet press (model  
10 F3, Manesty machines Ltd, Liverpool, UK) using 6 mm  
11 punches.

12  
13 The dose of nicotine may be varied depending on  
14 requirements and a corresponding reduction in  
15 mannitol amount maintains tablet dimensions constant.  
16 The RRL is optionally formed by mixing the above  
17 ingredients and compressing them in a mould of  
18 desired shape to form the layer.

19  
20 Bilayer nicotine buccal tablets were formulated:  
21 Burst release of NHT from a rapid release layer to  
22 satisfy a craving for nicotine, followed by prolonged  
23 release of nicotine from a controlled release layer  
24 to prevent reoccurrence of the nicotine cravings.

1 Rapid release layers (RRL) were formulated using the  
2 excipients listed in table 1.2

3

4 **Table 1.2.** Excipient concentrations used in the  
5 preparation of RRL layers for bilayer tablet  
6 manufacture.

<i>Excipient composition of rapid release layer mg / layer</i>		
	<i>2 mg RRL</i>	<i>5 mg RRL</i>
NHT	2	5
PVP 10,000	4	4
Mannitol	44	41

7

8 The excipients were again physically mixed in a bag  
9 for 10 minutes. Bilayer tablets were produced using  
10 a 2-stage compression cycle. The controlled release  
11 layer (CRL) was first formed by direct compression of  
12 powder mixes A - F in table 1.1. The CRL was left in  
13 the tablet die and the bottom punch lowered. 50 mg of  
14 the RRL was added to the die and the second  
15 compression carried out. The bilayer tablets were 6  
16 mm x 4.5 mm in dimension and are depicted in figure  
17 1. Bilayer tablets containing both 2 mg and 5 mg RRL  
18 were prepared with each CRL (A - F).

19

20 The RRL could be distinguished from the CRL layer by  
21 the pure white colour of the RRL through the use of  
22 mannitol. In a marketed product, the addition of a  
23 pharmaceutical pigment would allow the user to  
24 distinguish the layers and identify which layer  
25 should be attached to the gingiva (gum).

26

27 Example 2.

1 In this example the RRL was as described in example 1  
2 above, and the CRL was as follows:

3

4 Table 2

5

Amount per tablet / mg (percentage composition)		
Ingredient	CRL 2	
Nicotine	10	(10%)
Magnesium stearate	1	(1%)
PVP*	10	(10%)
Carbopol (TM) 934P	20	(20%)
Spray-dried lactose	19	(19%)
HPC**	40	(40%)

PVP = polyvinyl pyrrolidone, molecular

weight 44000.

6 \*\* HPC = hydroxypropyl cellulose. In each example, the two  
7 layers of the overall tablet were separately  
8 fabricated; although combined fabrication of whole  
9 tablets is generally within the scope of a skilled  
10 man. In the present examples the RRL ingredients  
11 were mixed and granulated using ethanol as the  
12 granulating fluid, followed by compression into  
13 tablets; for the CRL the ingredients were dry mixed  
14 and tablets formed by direct compression. The two  
15 individual tablet layers were then replaced in the  
16 die of a tablet press and compressed for a second  
17 time, resulting in the formation of one coherent  
18 bilayer tablet.

19

20 The tablet manufacturing apparatus employed for the  
21 fabrication was a standard single punch eccentric  
22 press with no modifications. For the rapid production

1 of larger batches of product a specialised double  
2 compression tablet press can be used.

3  
4 Results for examples 1 and 2.

5  
6 Using standard BP disintegration apparatus it was  
7 found that the rapid release layer completely  
8 disintegrated within four minutes. This time is  
9 considered acceptable to facilitate rapid absorption  
10 of nicotine from the oral mucosa thus eliminating the  
11 initial craving of the smoker for nicotine.

12  
13 The nicotine release from the formulations produced  
14 was studied over a four-hour period using standard  
15 USP paddle dissolution apparatus and a typical  
16 release profile of the results obtained is depicted  
17 in Figure 2.

18  
19 The drug release profiles demonstrate the biphasic  
20 nature of the release from the bilayer formulations:  
21 an initial burst release of nicotine followed by  
22 retarded zero order drug release. This characteristic  
23 is absent from the single layer controlled release  
24 tablets, which release drug in a monophasic zero  
25 order kinetic manner. The initial burst nicotine  
26 release is essentially complete within 30 minutes.  
27 This result contradicts the disintegration time of  
28 the RRL of 4 minutes. However, differences in the  
29 hydrodynamic properties of the two test methodologies  
30 account for such contradictory results; nonetheless,  
31 it is believed that the faster release initially

1 would sufficiently satisfy initial craving rapidly,  
2 and encourage buccal absorption, rather than the  
3 swallowing of saliva and consequent unpleasant  
4 gastro-intestinal effects.

5  
6 The mechanism by which drug release is retarded in  
7 the controlled release formulations is thought to be  
8 due to the formation of a matrix of drug and  
9 polymer(s) during fabrication and subsequent contact  
10 with the dissolution medium. The drug is evenly  
11 dispersed within this matrix, as shown in Fig 3. The  
12 dissolution medium can enter through pores in the  
13 matrix, dissolve the drug and the resulting drug  
14 solution diffuses out of the matrix.

15  
16 This type of mechanism normally results in first  
17 order drug release, as diffusion is a first order  
18 process, i.e. the rate of diffusion is dependent on  
19 the amount of drug remaining in the formulation. The  
20 observation of zero order drug release from the  
21 formulations produced is thought to be due to a  
22 complex combination of drug diffusion, matrix erosion  
23 and interaction of oppositely charged nicotine  
24 (cationic) with anionic substituent groups on the  
25 Carbopol(TM) molecule, i.e. the -COOH groups.

26  
27 Example 3

28  
29 Table 3.1 below shows the formulation ingredient  
30 quantities of the controlled release layer of further  
31 embodiments A-I. The rapid release layer contained 2

1 mg NIC, 4 mg PVP 10000 and 44 mg mannitol. The two  
 2 layers were produced individually by direct  
 3 compression (8mm punch). Bilayer tablets were  
 4 produced by manually compressing the two layers  
 5 together (Manesty F3, Liverpool, UK).

6

7 Table 3.1

8

<i>Sustained release layers produced.</i>									
<i>Mass of ingredient per tablet / mg</i>									
<i>Tablet Formulation Number</i>									
	A	B	C	D	D	F	G	H	I
Ingredient									
NIC	10	10	10	10	10	10	10	10	10
Carbopol	20	20	20	20	20	20	-	-	-
934 (r)	2	4	6	2	4	6	2	4	6
PVP 44000									
HPC	-	-	-	40	40	40	40	40	40
MgS	1	1	1	1	1	1	1	1	1
LactoseTO	100	100	100	100	100	100	100	100	100

PVP = polyvinylpyrrolidone, HPC = hydroxypropylcellulose\*

MgS = magnesium stearate

\* HPMC can also be used

9

10 In vitro drug release was assessed using a  
 11 dissolution cell method in which the tablet was  
 12 attached to an artificial dialysis membrane, used to  
 13 simulate the buccal mucosa, and the drug was released  
 14 through this into a reservoir of distilled water, and  
 15 determined by UV spectrophotometry. Other methods  
 16 used included USP paddle dissolution methods. Zero  
 17 order release profiles were achieved for batches A-I

1 over 4 hours. The following table 3.2 demonstrates  
 2 batches G-I had the highest release rates due to the  
 3 absence of Carbopol 934P(r). Release rates were  
 4 decreased in all batches by increasing concentrations  
 5 of PVP which resulted in decreased layer swelling.

6 Table 3.2

7

<i>Zero order release rates of nicotine (diffusion cell)</i>					
Formulation	A	B	C	D	E
Dissolution	0.26	0.17	0.15	0.25	0.15
Rate / % min <sup>-1</sup>					
Formulation	F	G	H	I	
Dissolution	0.12	0.37	0.35	0.37	
Rate / % min <sup>-1</sup>					

8 Equation 1, an exponential expression used to analyse  
 9 controlled release behaviour of pharmaceutical  
 10 systems, was employed to investigate the dissolution  
 11 data (Peppas and Sahlin, 1989 Int. J. Pharmaceutics  
 12 57:169-172).

13

14  $M_t / M_\infty = kt^n$  - Equation 1

15

16 In this equation,  $M_t / M_\infty$  is the fraction of drug  
 17 released,  $k$  is the kinetic constant and  $n$  is the  
 18 diffusion exponent for drug release. This equation  
 19 can be applied to the first 60 % of drug release to  
 20 identify the type of drug release from the system. A  
 21 plot of  $\log (M_t / M_\infty)$  versus  $\log t$  gives a straight  
 22 line of gradient  $n$  and intercept  $\log k$ .

23



1 Diffusion cell results ( $n = 0.69-0.93$ ) indicated the  
2 overall drug release mechanism was non-Fickian  
3 controlled by a combination of NIC diffusion and  
4 polymer chain relaxation ( $r^2 = 0.88-0.97$ ).

5  
6 Fig. 4 shows release profiles from tablets (US  
7 paddle) and demonstrates the efficient release from  
8 the rapid release layer of sample I (98% of the  
9 nicotine was released after 10 minutes).

10 Example 4

11 Dosage forms formulated as above were tested to  
12 ensure that the patient receives a product containing  
13 the required amount of drug substance in a form that  
14 enables the drug substance to exert its full  
15 pharmacological action. The standard tests included  
16 uniformity of weight, uniformity of content,  
17 disintegration (where appropriate) and dissolution,  
18 and the non-standard crushing strength and resistance  
19 to abrasion tests.

20  
21 Ten tablets from each tablet batch were selected and  
22 weighed accurately to 4 decimal places using an  
23 analytical balance (model AE 50, Mettler instruments  
24 LTD, High Wycombe, U.K.). The tablet weights were  
25 averaged and a relative standard deviation value  
26 calculated.

27  
28 Three tablets from each batch were weighed and the  
29 theoretical NHT content was calculated. Each tablet

1 was then powdered and placed in a standard flask and  
2 allowed to dissolve in 50 mL of HPLC mobile phase.  
3 To facilitate the solution of the water swellable  
4 polymers within the tablet matrix, and ensure  
5 complete NHT release from the polymers, the flasks  
6 were placed in an ultrasonic bath for 60 minutes,  
7 left overnight and then placed in the sonic bath for  
8 a further 60 minutes. The solutions were filtered  
9 under gravity using filter paper, diluted  
10 appropriately and the NHT content assayed using an  
11 analytical HPLC method.

12

13 The crushing strength test involves application of a  
14 compressive load to the tablet to induce breaking.  
15 Sophisticated testers apply the force at a constant  
16 rate to improve reproducibility over simple hand  
17 operated devices. However, even when the load is  
18 applied at a constant rate, the variation in strength  
19 within a batch may be considerable.

20

21 Five tablets from each batch were placed in a tablet  
22 hardness tester (model TBH 28, Erweka, Heusenstamm,  
23 Germany). The values were averaged and a relative  
24 standard deviation value was calculated.

25

26 It is likely that a tablet, during a normal life,  
27 will be exposed to forces in production, packaging or  
28 transportation procedures. These forces whilst not  
29 severe enough to break the tablet, may abrade small  
30 particles from its surface. To assess the resistance  
31 to abrasion, a friability tester is used, which

1 subjects tablets to a uniform tumbling action, for a  
2 specified time, and the weight loss from the tablets  
3 is measured.

4

5 Five tablets from each batch were weighed  
6 collectively and the weight noted. The tablets were  
7 then placed in a friability tester (model TA, Erweka,  
8 Heusenstamm, Germany). After 5 minutes, the five  
9 tablets were re-weighed and the percentage weight  
10 loss was calculated.

11

12 A swellable matrix is used to control the release of  
13 drug, and polymer swelling is an important stage in  
14 the formation of a mucoadhesive bond between such  
15 formulations and the mucosa. *In vitro* swelling  
16 studies were therefore carried out.

17

18 Three tablets from each batch were placed on a  
19 plastic mesh (1 cm<sup>2</sup>) to allow handling of the tablet  
20 without direct touching. The tablet / mesh assembly  
21 was weighed accurately to 4 decimal places and the  
22 weight noted. The axial and radial dimensions of the  
23 tablets were measured using sliding scale callipers.  
24 Each tablet assembly was placed in separate glass  
25 vials containing 4 ml of deionised water. At  
26 specific time intervals over 24 hours, the tablet  
27 assembly was removed from the vials and any surface  
28 moisture was carefully removed using filter paper.  
29 The assembly was re-weighed and the axial and radial  
30 dimensions were again noted. The percentage increase

1 in weight, axial and radial dimensions was  
2 calculated.  
3  
4 *In Vitro* NHT dissolution was analysed using two  
5 different methods. The first involved flow through  
6 dissolution apparatus, where the buccal adhesive  
7 tablets were exposed to 20 mL dissolution medium.  
8 The second method is a novel method, devised to more  
9 accurately represent the *in vivo* conditions to which  
10 a buccal adhesive tablet might be exposed. The  
11 method used a transdermal tester and following NHT  
12 dissolution from the tablet in a small volume (< 0.5  
13 mL) the detected NHT diffuses across a membrane in to  
14 a 5 mL cell.  
15  
16 Three tablets from each batch were weighed and the  
17 theoretical nicotine contents were calculated and  
18 noted. The tablets were placed separately in a 20 mL  
19 cell in the flow through dissolution tester. The  
20 dissolution medium was distilled water supplied at a  
21 flow rate of 100 mLhr<sup>-1</sup> by a pump (model 202u, Watson  
22 - Marlow, Falmouth, U.K.) and at 37°C from an  
23 electric water heater (model W14, Grant Instruments,  
24 Cambridge, U.K.). The effluent from the cells was  
25 collected over a 4 hour period and assayed at certain  
26 time intervals using U.V. detection at 259 nm (model  
27 UV 300, Unicam LTD, Cambridge, U.K.).  
28  
29 A transdermal tester as shown in Fig. 5 (model HDT  
30 10, Copley Scientific Ltd., Nottingham, U.K.) was

1 used for testing diffusion of the substance across a  
2 cell membrane.

3

4 Tablets from each batch were weighed and the  
5 theoretical nicotine contents were calculated and  
6 noted. The experimental membrane was secured tightly  
7 to the cells, as show above. Single layer visking  
8 dialysis membrane or porcine buccal mucosa was used  
9 as the test membrane. Buccal mucosa was collected  
10 and prepared. Porcine mucosa was used the same day as  
11 the animal was sacrificed. The 5 mL cells were then  
12 filled with distilled water from the solution  
13 reservoir and the clamps secured. The cell stirrers  
14 and the cell heater were switched on to heat the  
15 solution to 37°C. To start, 100 µL of water was  
16 placed on the upper side of the membrane and the  
17 tablet was placed gently on the surface. 50 µL of  
18 water was added to the tablet and membrane interface  
19 at 30 minute intervals using an automatic pipette to  
20 maintain adequate wetting of both the tablet and the  
21 membrane. At certain time intervals, 5 mL samples  
22 were withdrawn from the cells and the nicotine  
23 content and hence the percentage nicotine released  
24 from the tablet was investigated over a 4 hour period  
25 using U.V. analysis. The dissolution runs were  
26 repeated in triplicate for each batch. The area  
27 available for drug permeation in to solution was  
28 0.785 cm<sup>2</sup>.

29

30 The results of the uniformity of weight experiment  
31 are tabulated in table 4.1.

1 **Table 4.1.** Uniformity of weight for batches A - F  
 2 (n=10).

Tablet	A	B	C	D	E	F
Mean Weight / mg	100.69	100.10	100.31	100.32	99.90	100.29
(RSD / %)	(0.732)	(0.309)	(0.268)	(0.387)	(0.293)	(0.394)

3 The expected weight of the tablets was 100 mg. All  
 4 tablet weights were 100 mg  $\pm$  2 mg. The average  
 5 weight from 10 tablets in each batch was 100 mg  $\pm$  1  
 6 mg. Additionally the variation in tablet weights  
 7 within each batch was very low as indicated by the  
 8 low percentage relative standard deviation values in  
 9 table 4.1. It can therefore be concluded that the  
 10 dry mixing and direct compression of the tablets  
 11 produces a uniform batch with regard to tablet  
 12 weight.

13

14 The NHT recovered during the assay is quoted as a  
 15 percentage of the theoretical NHT in the tablet (10 %  
 16 of tablet weight). The mean percentage NHT recovered  
 17 for each tablet batch is tabulated below in table  
 18 4.2.

19

20 **Table 4.2.** Uniformity of active ingredient for  
 21 batches A - F (n=3).

Tablet	A	B	C	D	E	F
Mean NHT	98.74	98.60	100.15	97.66	96.70	95.78
recovered / %	(3.95)	(1.88)	(3.23)	(2.46)	(1.23)	(0.78)
(RSD / %)						

22

23 The assay results showed that not one tablet  
 24 contained greater or less than 5 % of the theoretical  
 25 nicotine content of the tablet. Combined with the

1 low deviation of tablet weights means that the  
2 tablets contained 10 mg  $\pm$  0.5mg NHT. These results  
3 fall well within the limits of 90 - 110% set out by  
4 the British Pharmacopoeia. The low standard  
5 deviations achieved again confirm that the method of  
6 tablet manufacture is suitable for producing uniform  
7 tablet batches.

8  
9 The mean tablet crushing strengths are shown below in  
10 table 4.3.

11

12 Table 4.3. Tablet crushing strength for batches A - F  
13 (n=5).

Formulation	A	B	C	D	E	F
Mean crushing strength /	156.0	140.8	142.6	154.4	174.6	183.6
Newtons (RSD / %)	(5.82)	(10.52)	(8.31)	(4.16)	(3.05)	(0.98)

14

15 Few conclusions may be drawn from the data in table  
16 4.3. Formulations A - D do not show marked  
17 differences in crushing strength and combined with  
18 the relatively large standard deviations firm  
19 conclusions may not be drawn. Formulations E and F  
20 with 40 % and 50 % HPC show slightly higher crushing  
21 strengths than the other formulations, perhaps due to  
22 the ability of HPC to act as a binding agent. There  
23 are no recommendations for buccal release tablets and  
24 as the tablets are designed to swell as opposed to  
25 disintegrate and dissolve as with an oral tablet, the  
26 higher values noted are perhaps appropriate.

27

1 The percentage weight loss of five tablets from each  
2 batch after 5 minutes friability testing is tabulated  
3 in table 4.4.

4

5 Table 4.4. Tablet friability results; Weight loss  
6 from batches A - F.

Tablet	A	B	C	D	E	F
Weight loss / %	0.12	0.06	0.06	0.02	0.08	0

7

8 As discussed earlier, the friability tests are  
9 designed to simulate conditions that may be  
10 experienced by a tablet during production, packaging  
11 and transportation. The weight loss from the tablets  
12 has been demonstrated to be extremely low perhaps as  
13 a function of the tablet hardness. These results  
14 indicate that such a formulation would be resistant  
15 to abrasion and therefore resistant to loss of tablet  
16 weight including the loss of active ingredient  
17 through normal processes until the product is used.

18

19 The water uptake profiles of formulations A- F are  
20 shown in figure 6.

21

22 As can be clearly seen from figure 6, the swelling  
23 profile formulation A is considerably greater than  
24 observed for formulations B - F. Over the first 6  
25 hours, formulation A has a more rapid weight increase  
26 due to a greater uptake of water. The formulation  
27 then continues to take up water over the 24 hour test  
28 period resulting in a 175.5 % ( $\pm 2.55$  % RSD) weight  
29 increase compared with the dry tablet weight. This



1 larger and more rapid weight increase is due to the  
2 absence of HPC from the formulation, which allows the  
3 hydrophilic polymer carbopol to uptake the water in  
4 to the buccal tablet. Figure 6 also indicates that  
5 there is little or no difference between the swelling  
6 profiles of formulations B - F, which contain between  
7 10 and 50 % HPC. These formulations do not swell  
8 to a great extent after the first 6 hours.  
9 Formulation B gains an average of 13.5 % in weight  
10 between 6 and 24 hours, formulations C - F gain  
11 between 1.39 and 4.27 %, which suggests that the  
12 formulations are approaching maximal swelling at  
13 approximately 6 hours. The addition of HPC to the  
14 formulation appears to counteract the strong swelling  
15 properties of carbopol, this may be explained by the  
16 hydrated matrix properties of HPC which controls the  
17 penetration of water into the tablet. Concentrations  
18 of 20 - 50 % HPC show no significant difference in  
19 weight gain (swelling rate) between 6 - 24 hours.  
20  
21 The tablet dimensions measured over the 24 hour  
22 period showed similar trends compared to the weight  
23 increase. Despite large experimental standard  
24 deviations (2.5 - 33 % RSD), due to the difficulty of  
25 measuring a soft hydrated tablet, an increase in the  
26 HPC concentration of the formulation resulted in a  
27 smaller size increase of the tablet. The dimensions  
28 of formulation A increased to a larger extent than  
29 formulations B - F, which swelled to a comparable  
30 extent. This may again be explained by the matrix  
31 forming properties of HPC, which controls the uptake

1 of water by the formulation. The tablet size  
 2 increase for formulations B - F between 6 and 24  
 3 hours is again very small, again suggesting that at 6  
 4 hours the tablets are approaching maximal swelling.  
 5 The actual data is recorded in tables 4.5. and 4.6.

6

7 Table 4.5. Axial swelling of buccal bioadhesive  
 8 tablets

Axial size increase / %						
Time / Hours	A	B	C	D	E	F
0.5	11.92	14.70	9.36	12.16	14.76	5.28
1	17.02	20.57	13.10	23.83	26.19	9.72
2	28.84	28.43	29.00	32.71	34.76	10.28
3	33.99	30.39	29.95	35.03	34.29	14.45
4	38.54	30.88	36.45	36.91	35.72	17.39
6	47.13	32.84	38.35	37.38	40.48	20.82
24	60.23	43.14	35.08	37.38	37.14	27.20

9

10 Table 4.6. Radial swelling of buccal bioadhesive  
 11 tablets

Radial size increase / %						
Time / Hours	A	B	C	D	E	F
0.5	14.17	11.11	14.44	11.39	13.89	6.32
1	15.56	13.33	15.00	15.00	15.28	13.56
2	23.33	19.45	18.89	22.67	17.50	19.37
3	28.89	20.56	22.22	21.39	17.50	20.34
4	32.50	25.56	27.78	26.39	17.22	28.05
6	37.78	26.11	32.22	27.78	22.78	27.60
24	60.00	35.28	32.78	30.83	28.61	27.62

12 One theoretical model of mucoadhesion suggests that 3  
 13 stages are involved, namely; intimate contact,  
 14 interpenetration of mucus / polymer macromolecules  
 15 and formation of secondary non-covalent bonds.  
 16 Intimate contact between the mucoadhesive and the

1 mucus requires the swelling and spreading of the  
2 bioadhesive material to result in a close or intimate  
3 contact. The axial tablet dimension, which would be  
4 in contact with the mucosal membrane, swells on  
5 average by 11.3 % in 30 minutes and should be  
6 sufficient to produce the intimate contact required  
7 for mucoadhesion.

8  
9 The swelling study may also be of importance when  
10 assessing the dissolution behaviour of these  
11 formulations. HPC, a semi-synthetic polymeric  
12 derivative of cellulose, will swell in an aqueous  
13 medium to form a gel-like matrix that controls  
14 release by acting as a barrier to drug dissolution  
15 and diffusion. The HPC gel acts as a physical barrier  
16 through which the dissolution medium must penetrate  
17 to dissolve the drug, the drug solution must then  
18 again penetrate the gel to be available for  
19 absorption. Carbopol on the other hand is  
20 hydrophilic and will swell faster and to a greater  
21 extent, promoting the penetration of the dissolution  
22 medium into the tablet matrix. The alteration of  
23 polymer content of the matrix will alter the drug  
24 release rate. Formulation A containing no HPC should  
25 allow the dissolution medium to penetrate the tablet,  
26 dissolve the drug and diffuse out of the tablet,  
27 resulting in rapid drug release. Formulations B - F  
28 containing increasing HPC content should retard drug  
29 release by forming the gel barrier resulting in  
30 controlled drug release over a number of hours. Due  
31 to the small differences in swelling of formulations

1 B - F, it is not possible to predict any differences  
2 with regard to drug dissolution.

3

4 Nicotine release profiles for formulations A - F are  
5 shown in figure 7.

6 From figure 7 it can be seen that only approximately  
7 50 - 60 % drug release was achieved from the  
8 formulations. HPC was expected to control the  
9 release in such a manner over the 4 hour period, it  
10 is therefore surprising that formulation A containing  
11 no HPC released only 60 % of NHT in this time.

12

13 The dissolution data was investigated using equation  
14 1 as defined above (Peppas and Sahlin, 1989). The  
15 data from these plots are presented in table 4.8.

16

17 The calculated n value allows the release mechanism  
18 from a cylindrical system such as a tablet to be  
19 characterised according to table 4.7. (Peppas and  
20 Sahlin 1989).

21

22 **Table 4.7. Diffusion exponent and solute release**  
23 **mechanism**

<i>Diffusion exponent (n) from a cylinder</i>	<i>Release mechanism</i>
0.45	Fickian Diffusion
0.45 < n < 0.89	Anomalous transport
0.89	Case II transport

24

25 Fickian diffusion describes  $t^{-2}$  kinetics and case II  
26 transport describes constant zero order drug release.  
27 Polymer swelling and drug diffusion through a matrix

1 do not normally follow Fickian release behaviour, due  
 2 to the existence of a molecular relaxation process  
 3 (Vigoreaux and Ghaly 1994 Drug Development and  
 4 Industrial Pharmacy 20(16) 2519-2526). This type of  
 5 drug release results in intermediate values for  $n$  and  
 6 is classed as anomalous (non Fickian) transport.

7  
 8 **Table 4.8.** Diffusional exponents ( $n$ ) and kinetic  
 9 constants ( $k$ ) for NHT dissolution from buccal  
 10 adhesive nicotine tablets ( $n=3$ ).

Formulation	Diffusional exponent ( $n$ ) (RSD / %)	Kinetic constant / $\text{hr}^{-1}$ ( $k$ ) (RSD / %)	$r^2$ (RSD / %)	Release mechanism
A	0.6857 (12.05)	0.2520 (14.07)	0.974 (0.27)	Anomalous transport
B	0.7200 (6.75)	0.2174 (7.20)	0.987 (0.59)	Anomalous transport
C	0.8413 (2.83)	0.1940 (4.19)	0.982 (0.84)	Anomalous transport
D	0.8341 (5.31)	0.1855 (0.22)	0.994 (0.73)	Anomalous transport
E	0.7778 (9.26)	0.1905 (3.85)	0.976 (1.40)	Anomalous transport
F	0.7768 (9.78)	0.1915 (8.71)	0.983 (0.357)	Anomalous transport

11  
 12 The  $n$  value for formulation A is almost exactly mid  
 13 range for anomalous non-Fickian release mechanism.  
 14 However, the  $n$  value increases in the other  
 15 formulations that contain HPC. Formulations C and D  
 16 containing 20 and 30 % HPC respectively show  $n$  values  
 17 approaching case II transport i.e. zero order NHT  
 18 release. For formulations E and F containing 40 and

1     50 % HPC, the  $n$  values appear to tail off. This  
2     suggests the most appropriate matrix for NHT release  
3     contains around 20 - 30 % HPC providing release  
4     approaching zero order. The variation of the  
5     diffusional exponent ( $n$ ) with HPC is summarised in  
6     figure 8.

7  
8     The kinetic rate constants ( $k$ ) in table 4.8  
9     incorporate the structural and geometrical  
10    characteristics of the release device and may be used  
11    to compare formulations. Formulation A, containing  
12    no HPC exhibits the greatest rate constant ( $k$ ). The  
13    addition of HPC, as a matrix former results in a  
14    decrease in the rate constant as the hydrated HPC  
15    provides a barrier to drug dissolution. The rate  
16    decreases to a minimum at 30 % and remains relatively  
17    constant with increasing HPC concentration. The  
18    variation in kinetic rate constant with HPC content  
19    is shown graphically in figure 9.

20  
21    NHT dissolution using the diffusion dissolution  
22    method followed zero order release kinetics using the  
23    dialysis visking tubing as the model membrane. The  
24    dissolution statistics are presented in table 4.9.

1 **Table 4.9.** NHT release rates from nicotine buccal  
2 adhesive tablets (n=3)

Formulation	Release rate / %hr <sup>-1</sup> (RSD / %)	r <sup>2</sup> (RSD / %)
A	4.4969 (2.41)	0.989 (0.58)
B	3.9375 (3.42)	0.938 (4.23)
C	3.4169 (2.66)	0.983 (0.53)
D	2.7309 (9.54)	0.983 (0.52)
E	2.8778 (7.91)	0.984 (1.45)
F	2.6863 (16.02)	0.994 (0.34)

3  
4 Zero order case II transport was confirmed by  
5 analysis of the dissolution data using equation 1 as  
6 described above. Diffusion exponent (n) values were  
7 between 0.89 and 1.45 in all formulations except  
8 formulation B (n = 0.75). The lower correlation  
9 value and larger RSD value for formulation B in table  
10 4.9. may explain this.

11  
12 The release rates quoted in table 4.9. again appear  
13 to decrease with increasing HPC concentration. This  
14 decrease in release rate appears to be linear to a  
15 concentration of 30 % as can be seen in figure 10.

16  
17 HPC contents of 30 % and above (formulations D, E and  
18 F) produce NHT release rates that are not  
19 significantly different (p > 0.05). This agrees with  
20 the trend shown by the NHT release for the flow  
21 through dissolution method and suggests that HPC  
22 concentrations of above 30 % are not necessary to  
23 produce a sustained release matrix for NHT.

24 It is worth noting that the release rates across the  
25 dialysis visking tubing for formulation A are not  
26 significantly different from the permeation rates of

1 nicotine from solution through the same membrane seen  
2 in section 3.3.4.1. This suggests that limiting  
3 factor to drug dissolution using this method is in  
4 fact permeation across the membrane resulting in zero  
5 order kinetics. When HPC is present in the  
6 formulation, however, these rates decrease further.  
7 Over the 4 hours, a maximum of 17 % NHT was released,  
8 this decreased to 11.5 % for formulation F. When  
9 compared with the results from the flow through  
10 dissolution (50 - 60 %) this value is low, but may be  
11 due to the nature of the membrane.

12  
13 The diffusion dissolution apparatus was set up using  
14 porcine buccal membrane. Due to the limited supply  
15 of porcine mucosa, this experiment was carried out  
16 once with formulation A. Using HPLC detection, only  
17 1.4 % of the NHT content of the tablet was recovered  
18 in the receptor solution after 4 hours. This figure  
19 is very low compared with the artificial membrane and  
20 may be due to the thickness of the membrane and  
21 problems of using animal tissue. The experiment was  
22 repeated using formulation A and fresh porcine  
23 mucosa, however instead of sampling from the receptor  
24 solution, after 4 hours that tablet was assayed to  
25 determine the NHT remaining in the formulation.  
26 Following this method, the HPLC tablet assay detected  
27 6.95 mg of NHT remaining, which was calculated to be  
28 69 % of the NHT content of the tablet. It could  
29 therefore be concluded that 31 % of the available NHT  
30 (3.11 mg) had been released from the tablet. All the  
31 NHT release was not able to cross the porcine



1 membrane and enter the receptor solution, most likely  
2 due to the 2 mm thickness of the membrane (the upper  
3 200  $\mu$ m is known to be the barrier to buccal  
4 permeation) and the small orifice (0.785 cm<sup>2</sup>)  
5 available for the NHT to enter the receptor solution.  
6 From this data it is suggested that the NHT has been  
7 released from the formulation and partitioned into  
8 the buccal tissue; however due to the reasons  
9 mentioned above, the NHT remained in the tissue and  
10 was not passed into the receptor solution.

11

12 All bilayer tablets weighed 150 mg  $\pm$  3 mg. The  
13 average weights of 3 tablets from all batches ranged  
14 from 149.0 mg to 150.5 mg with a corresponding  
15 percentage relative standard deviation value of 0.17  
16 % to 1.19 %. These results suggest that the method  
17 of preparation is suitable in producing bilayer  
18 tablets of uniform weight.

19

20 Two formulations were selected in the determination  
21 of active ingredient content, formulation CRL B + RRL  
22 2 mg and formulation CRL D + RRL 5 mg. The NHT  
23 recovered during the assay is quoted as a percentage  
24 of the theoretical NHT in the tablet.

25

26 **Table 4.10.** Uniformity of active content for two  
27 bilayer tablet formulations (n=3).

CRL	RRL	Mean NHT recovered / %	RSD / %
A	2	98.52	1.73
D	5	98.88	1.08

28

1 All of the tablets assayed contained 100 %  $\pm$  2.5 % of  
2 the theoretical NHT content. This, combined with the  
3 low deviations quoted in table 4.10 again suggests  
4 that the method of manufacture of the bilayer tablets  
5 is suitable for producing a tablet of uniform active  
6 content.

7 One bilayer tablet formulation was selected to carry  
8 out the crushing strength determination using the  
9 method outlined for formulations A - F. The mean  
10 crushing strength (n=5) for formulation CRL B + RRL 2  
11 mg was 167.4 N (5.08 % RSD). This value is  
12 significantly higher ( $p < 0.05$ ) than the formulation  
13 B controlled release monolayer alone. This is  
14 probably due to the double compression cycle of the  
15 bilayer tablet resulting in a harder tablet.

16  
17 Formulation CRL B + RRL 2 mg was again used for the  
18 friability determination using the method outline for  
19 formulations A - F. During the 5 minute friability  
20 test, 5 tablets lost 0.15 % of their combined weight.  
21 This is higher than the 0.06 % for formulation B  
22 controlled release monolayers alone, however this  
23 value is still low. The two layers remained joined  
24 and intact after the 5 minute test. This suggests  
25 that the bilayer tablets would be resistant to  
26 abrasion and therefore resistant to loss of tablet  
27 weight, including the loss of active ingredient,  
28 through normal processes until the product is used.

29

30 NHT release from the bilayer tablets was analysed  
31 using the flow through dissolution method outlined

1 above. Release profiles for bilayer tablets  
2 containing controlled release layers A and E are  
3 shown in figures 11 and 12. These profiles are  
4 representative of the trends seen in the release  
5 behaviour of all bilayer tablets.

6  
7 Figures 11 and 12 show that the bilayer tablets  
8 produce a biphasic drug release profile, with a more  
9 rapid release of nicotine over the first hour of  
10 dissolution testing. Additionally, the rate of drug  
11 release from the bilayer tablet with the 5 mg RRL was  
12 greater than that from the bilayer tablet containing  
13 the 2 mg RRL. This trend was seen in all bilayer  
14 tablet batches produced. The bilayer tablets  
15 containing the 2 mg RRL released all the NHT content  
16 in, on average 26.25 minutes, ranging from 25 to 30  
17 minutes (n=18). The 5 mg RRL released all the NHT in,  
18 on average 43.3 minutes, ranging from 40 - 47.5  
19 minutes (n=18).

20  
21 After 1 hour, the drug release profiles level out and  
22 appear parallel to tablets containing no RRL. This  
23 trend was confirmed by analysis of the dissolution  
24 data from 1 to 3 hour time period. There was no  
25 significant difference ( $p > 0.05$ ,  $n=3$ ) in the  
26 gradients of the lines (release rates) over this time  
27 scale for the CRL alone, the CRL and 2 mg RRL and the  
28 RRL and 5mg RRL bilayer tablets. This confirmed that  
29 after one hour, release rates were governed by the  
30 CRL alone with no contribution by the RRL.

31

1 To determine the NHT release profile of the RRL over  
2 the first hour of dissolution testing, bilayer  
3 tablets containing CRL A and CRL B with the 2 mg RRL  
4 were subjected to flow through dissolution over one  
5 hour with more frequent sampling times. The NHT  
6 release profiles are shown in figure 4.10.

7  
8 Figure 4.10. indicates that the NHT release from  
9 bilayer tablets over the first hour followed zero  
10 order release kinetics. The time taken for the  
11 bilayer tablet to release the 2 mg NHT was 27.78  
12 minutes (8.44 % RSD). This compares favourably to  
13 the 26.35 minutes identified above. Due to the  
14 agreement in results, the one hour dissolution  
15 experiment was not repeated with the 5 mg RRL.

16  
17 Dissolution data was again analysed using equation 1.  
18 The results are presented in table 4.11.

19  
20 Table 4.11. Diffusional exponents (n) and kinetic  
21 constants (k) for NHT dissolution from buccal  
22 adhesive nicotine tablets (n=3).

1

CRL	RRL	Diffusional Exponent (n) (RSD / %)	Kinetic Constant / $hr^{-1}$ (k) (RSD / %)	$r^2$ (RSD / %)	Release Mechanism
A	-	0.6857 (12.05)	0.2520 (14.07)	0.974 (0.27)	Anomalous transport
A	2	0.6383 (19.10)	0.3341 (11.55)	0.965 (0.79)	Anomalous transport
A	5	0.5926 (9.86)	0.3717 (4.51)	0.946 (0.65)	Anomalous transport
B	-	0.7200 (6.75)	0.2174 (7.20)	0.987 (0.59)	Anomalous transport
B	2	0.5882 (20.71)	0.3426 (13.74)	0.962 (1.14)	Anomalous transport
B	5	0.4961 (3.57)	0.3896 (6.02)	0.929 (1.59)	Anomalous transport
C	-	0.8413 (2.83)	0.1940 (4.19)	0.982 (0.84)	Anomalous transport
C	2	0.6020 (13.94)	0.3444 (8.33)	0.970 (2.06)	Anomalous transport
C	5	0.4853 (6.80)	0.4154 (6.26)	0.932 (2.02)	Anomalous transport
D	-	0.8341 (5.31)	0.1855 (0.22)	0.994 (0.73)	Anomalous transport
D	2	0.7075 (3.23)	0.2894 (5.52)	0.956 (1.05)	Anomalous transport
D	5	0.4695 (26.60)	0.4128 (12.84)	0.962 (2.08)	Anomalous transport
E	-	0.7778 (9.26)	0.1904 (3.85)	0.976 (1.40)	Anomalous transport
E	2	0.5639 (12.77)	0.3402 (7.35)	0.988 (0.91)	Anomalous transport
E	5	0.5023 (8.00)	0.4066 (2.46)	0.945 (1.06)	Anomalous transport
F	-	0.7768 (9.78)	0.1915 (8.71)	0.983 (0.983)	Anomalous transport
F	2	0.5892 (20.00)	0.3024 (8.57)	0.938 (3.27)	Anomalous transport
F	5	0.4823 (10.21)	0.3588 (8.36)	0.921 (4.35)	Anomalous transport

1     The calculated  $n$  values are all within the range  
2     indicating anomalous non-Fickian release mechanism.  
3     However table 4.11. indicates that the  $n$  values for  
4     the bilayer tablets containing 5 mg RRL are lower  
5     than for the bilayer tablet containing the 2 mg RRL  
6     and both are lower than the CRL monolayers alone.  
7     The  $n$  values for the monolayers, as discussed '  
8     earlier, approached zero order release. The addition  
9     of the 5 mg RRL results in this value decreasing and  
10    the mechanism of release, although still anomalous  
11    transport, now approaches Fickian type release where  
12    drug release occurs by diffusion of the drug due to a  
13    chemical potential gradient. The departure from zero  
14    order release may be explained by the distinct  
15    biphasic release profiles identified above, where  
16    rapid release from the RRL occurs over the first  
17    hour, followed by NHT release approaching zero order  
18    kinetics over the remaining 3 hours.  
19  
20    Modifications and improvements can be incorporated  
21    without departing from the scope of the invention.  
22    For example in many embodiments the tablet can  
23    include a sugar such as mannitol, sucrose or glucose  
24    that can contain the substance to be released within  
25    the tablet and can also improve the taste of the  
26    tablet in the mouth. Any sugar can be suitable for  
27    this purpose.

1     Claims

2

3     1.    A method of delivering a substance to the  
4           buccal mucosa of a subject, the method  
5           comprising providing a tablet comprising a  
6           quantity of the substance to be delivered, the  
7           tablet having multi-phasic release properties  
8           to release controlled amounts of the substance  
9           to the subject over time, and releasing the  
10          substance from the tablet in the subject's  
11          mouth.

12

13    2.    A method as claimed in claim 1, wherein the  
14          tablet has a multi-portion structure and  
15          different amounts of substance are released  
16          from each portion.

17

18    3.    A method as claimed in claim 1 or claim 2,  
19          wherein the tablet has a multi-portion  
20          structure and the different portions release  
21          substance at different rates.

22

23    4.    A method as claimed in any preceding claim,  
24          wherein the tablet is attached to the buccal  
25          mucosa by a bioadhesive.

26

27    5.    A method as claimed in claim 4, wherein the  
28          bioadhesive comprises one or more of carbopol,  
29          chitosan, hydroxypropyl cellulose, sodium  
30          carboxymethyl cellulose, hydroxypropylmethyl  
31          cellulose.

- 1     6.    A method as claimed in claim 4 or claim 5,  
2           wherein the bioadhesive is disposed in a  
3           localised portion of the tablet.  
4
- 5     7.    A method as claimed in any preceding claim,  
6           wherein the tablet contains agents to control  
7           the release of the substance.  
8
- 8     8.    A method as claimed in claim 7, wherein the  
9           release-controlling agents comprise one or more  
10          of hydroxypropylmethyl cellulose, hydroxypropyl  
11          cellulose, poly D L lactide- and glycolide-  
12          related polymers.  
13
- 14    9.    A method as claimed in any preceding claim,  
15          wherein a portion of the tablet releases a  
16          quantity of the substance quickly to satisfy a  
17          craving in the subject for addictive  
18          substances.  
19
- 20    10.   A method as claimed in any preceding claim,  
21          wherein the substance comprises one or more of  
22          nicotine, cannabinoids, antibiotics, analgesics  
23          and anaesthetics.  
24
- 25    11.   A method as claimed in any preceding claim,  
26          wherein the substance is provided in a  
27          localised portion having a coating that  
28          exhibits the desired release characteristics.  
29
- 30    12.   A method as claimed in any preceding claim,  
31          wherein the tablet is a multi-layer tablet and

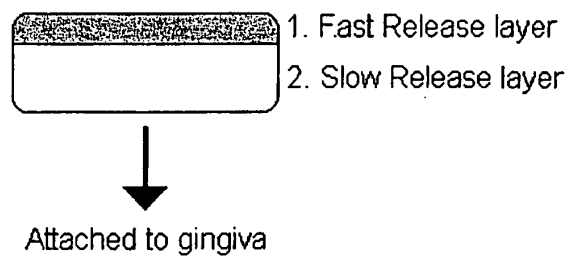


- 1           the layers have different release  
2           characteristics.  
3
- 4    13.   A method as claimed in claim 12, wherein an  
5           outer layer releases substance at a faster  
6           rate than an inner layer.  
7
- 8    14.   A method as claimed in any preceding claim,  
9           wherein the tablet formulation comprises a  
10          controlled release layer containing a  
11          bioadhesive for attachment to the buccal mucosa  
12          and release of substance at a constant rate,  
13          and a rapid release layer for rapid release of  
14          substance into the systemic circulation through  
15          the oral mucosa.  
16
- 17   15.   A method as claimed in any preceding claim,  
18          wherein the tablet comprises concentric layers.  
19
- 20   16.   A method as claimed in any one of claims 1-14,  
21          wherein the tablet has two (or more) flat  
22          layers in a sandwich structure.  
23
- 24   17.   A tablet for delivery of a substance to the  
25          buccal mucosa of a subject, the tablet  
26          comprising a quantity of substance to be  
27          delivered to the subject, the tablet having  
28          multi-phasic release properties adapted to  
29          release controlled amounts of the substance to  
30          the subject over time.  
31

- 1 18. A tablet according to claim 17, having a multi-  
2 portion structure with different rates of  
3 release of substance associated with each  
4 portion.  
5
- 6 19. A tablet according to claim 18, having  
7 different homogeneous portions with different  
8 release characteristics.  
9
- 10 20. A tablet according to claim 18 or claim 19,  
11 having different quantities of substance  
12 associated with respective portions.  
13
- 14 21. A tablet according to any one of claims 18-20,  
15 wherein an inner portion is adapted for slower  
16 release of substance than an outer portion.  
17
- 18 22. A tablet according to any one of claims 18-21,  
19 wherein the outer portion of the tablet is  
20 adapted to release a quantity of the substance  
21 quickly.  
22
- 23 23. A tablet according to any one of claims 18-22,  
24 wherein the respective portions contain a  
25 homogeneous dispersion of the substance  
26 throughout each portion.  
27
- 28 24. A tablet according to any one of claims 18-23,  
29 wherein the substance is provided in a discrete  
30 portion having a coating that exhibits the  
31 desired release characteristics.

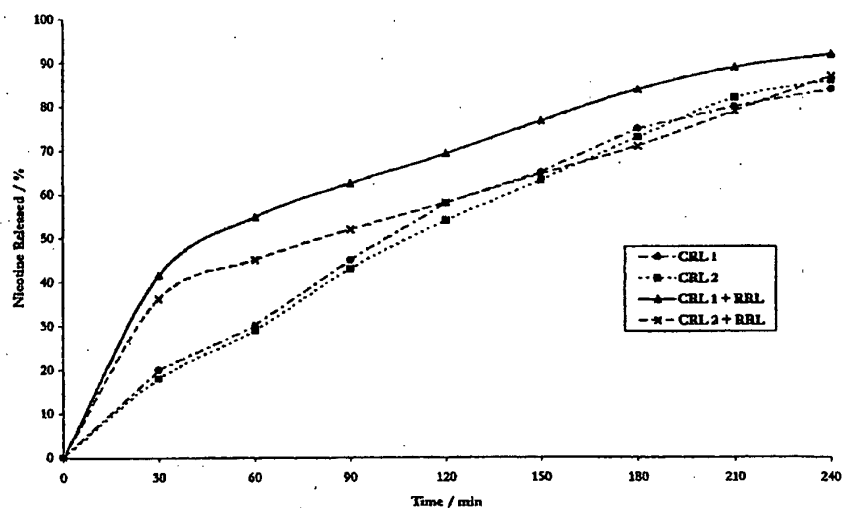
- 1     25. A tablet according to any one of claims 17-24  
2        wherein the tablet has a multi-layer structure.  
3
- 4     26. A tablet according to claim 25, wherein the  
5        layers of the tablet are concentric.  
6
- 7     27. A tablet according to claim 25, wherein the  
8        tablet has two or more flat layers in a  
9        sandwich structure.  
10
- 11    28. A tablet according to any one of claims 17-27,  
12        comprising a bioadhesive.  
13
- 14    29. A tablet according to any one of claims 17-28,  
15        having a controlled release layer containing a  
16        bioadhesive for attachment to the buccal mucosa  
17        and sustained release of the substance at a  
18        relatively constant rate, and a rapid release  
19        layer for rapid release of the substance upon  
20        contact with saliva in the mouth.  
21
- 22    30. A tablet according to claim 28 or 29, wherein  
23        the bioadhesive is in a localised portion of  
24        the tablet.  
25
- 26    31. A tablet according to any one of claims 28-30,  
27        wherein the bioadhesive comprises one or more  
28        of carbopol, chitosan, hydroxypropyl cellulose,  
29        sodium carboxymethyl cellulose,  
30        hydroxypropylmethyl cellulose.  
31

- 1     32. A tablet according to any one of claims 17-31,  
2         containing agents to control the release of the  
3         substance.  
4
- 5     33. A tablet according to claim 32, wherein the  
6         agent comprises one or more of  
7         hydroxypropylmethyl cellulose, hydroxypropyl  
8         cellulose, poly D L lactide- and glycolide-  
9         related polymers.  
10
- 11    34. A tablet according to any one of claims 17-33,  
12         wherein the substance is nicotine.  
13
- 14    35. A tablet according to any one of claims 17-33,  
15         wherein the substance comprises one or more of  
16         cannabinoids, antibiotics, analgesics and  
17         anaesthetics, and drugs for buccal infections.  
18
- 19    36. A homogeneous tablet according to claim 18.



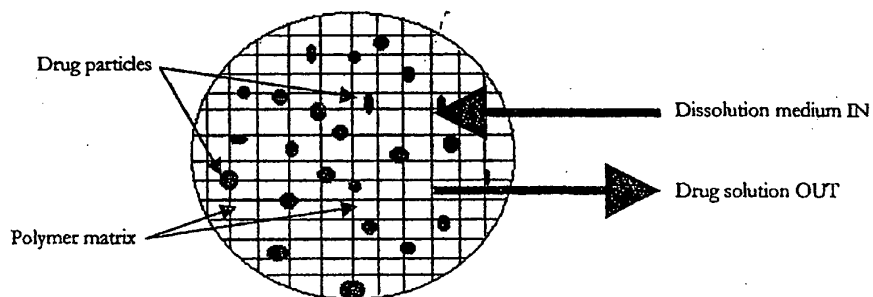
**Figure 1.**

FIG 2



Representative nicotine release profiles from the buccal bioadhesive formulations produced in this study.

FIG 3



Diagrammatic representation drug release from a polymer matrix.

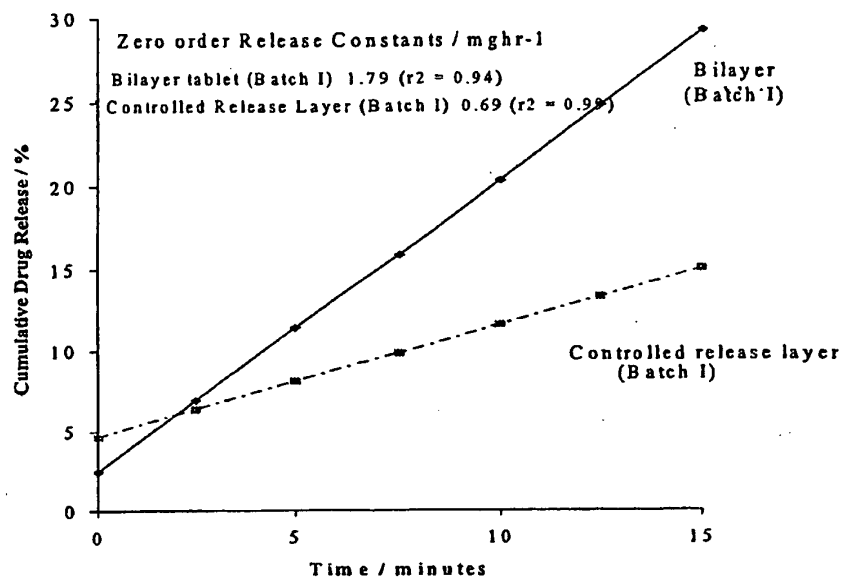


fig 1

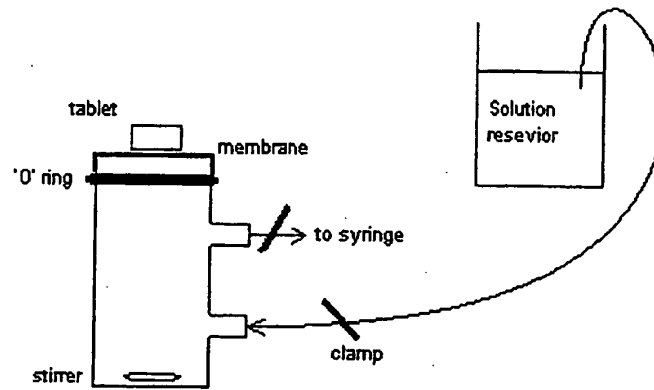


Figure 5. Diffusion dissolution apparatus

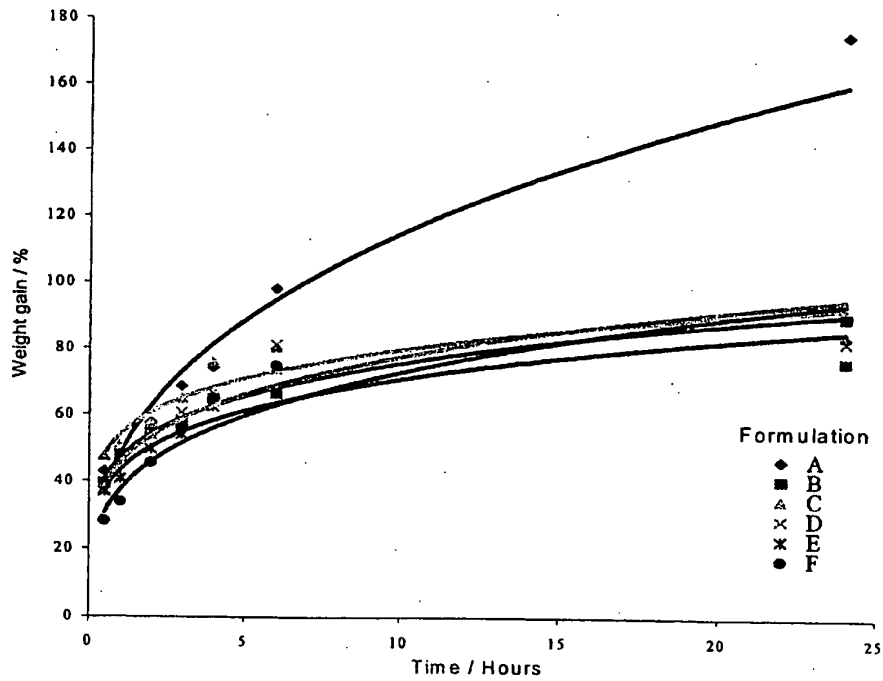


Figure 6. Water uptake profiles for buccal adhesive tablet batches A - F (n=3).



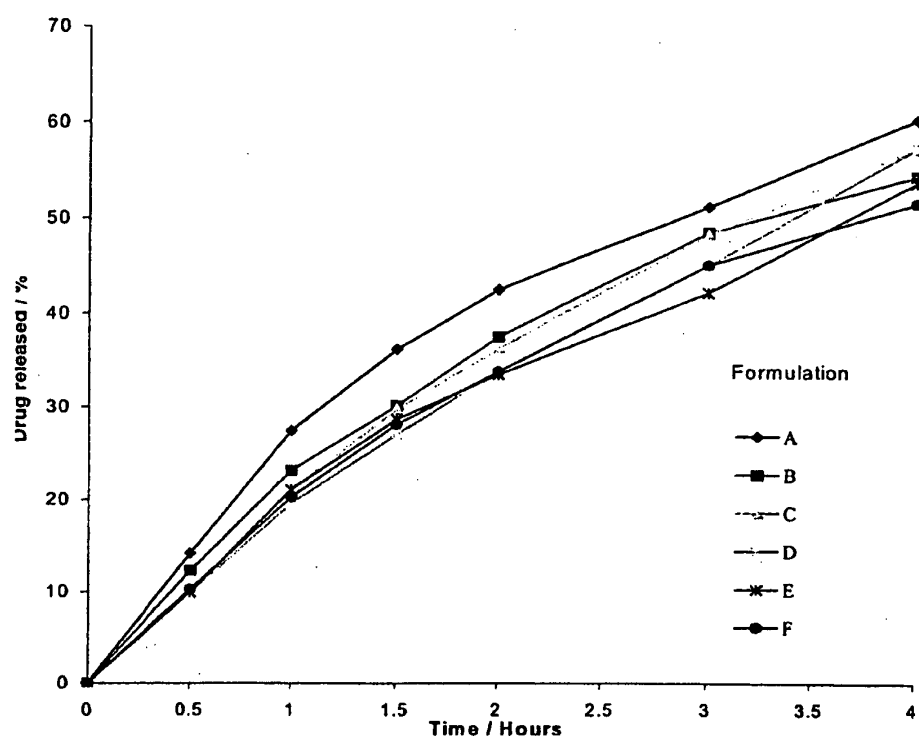


Figure 7. NHT dissolution profiles for buccal adhesive formulations A - F.

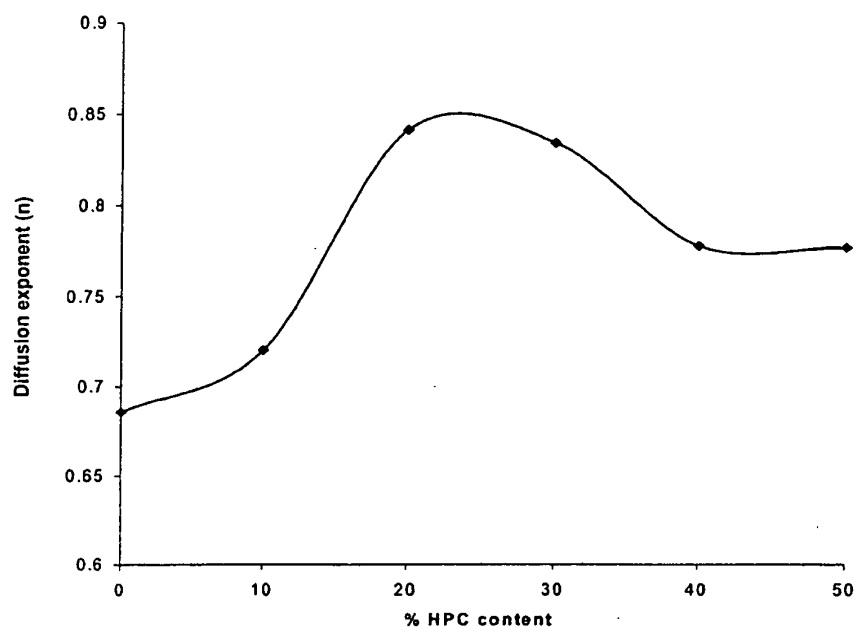


Figure 8. Diffusional exponent (n) values for nicotine buccal adhesive tablets

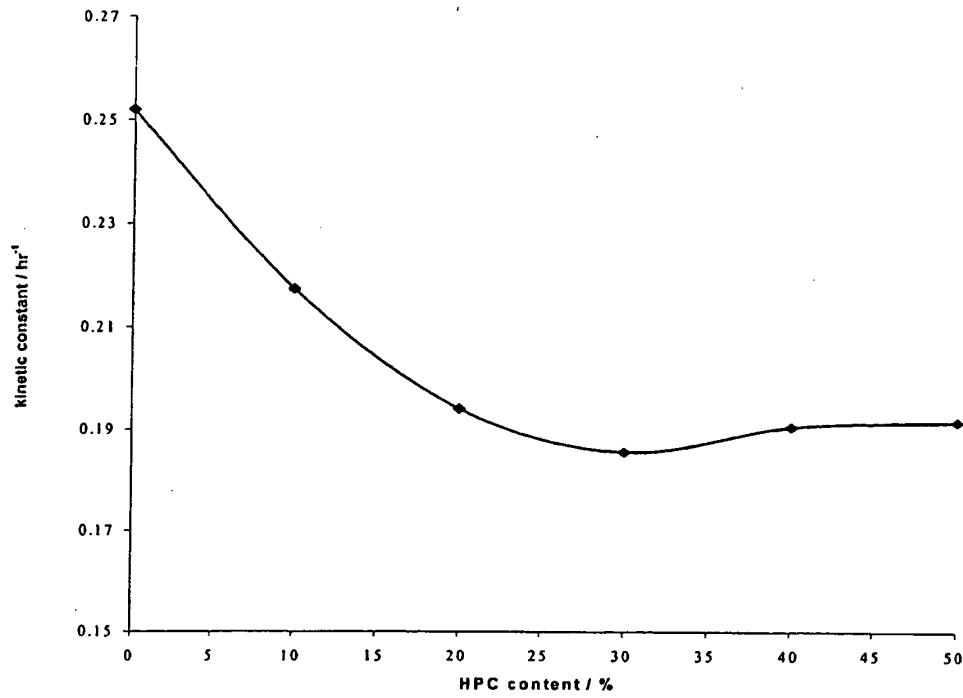


Figure 9. NHT kinetic rate constant values ( $k$ ) for nicotine buccal adhesive tablets

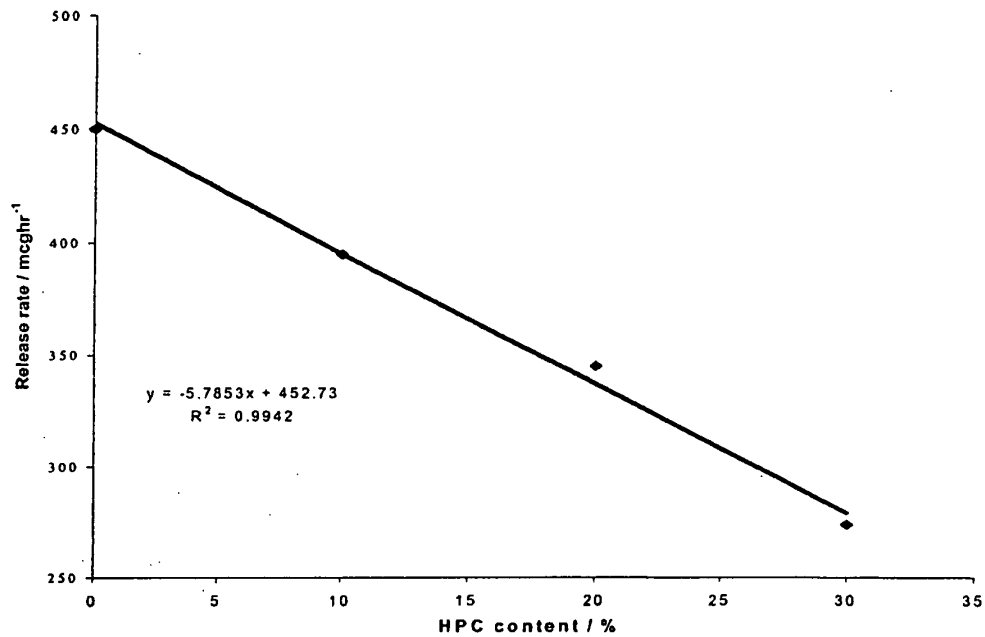
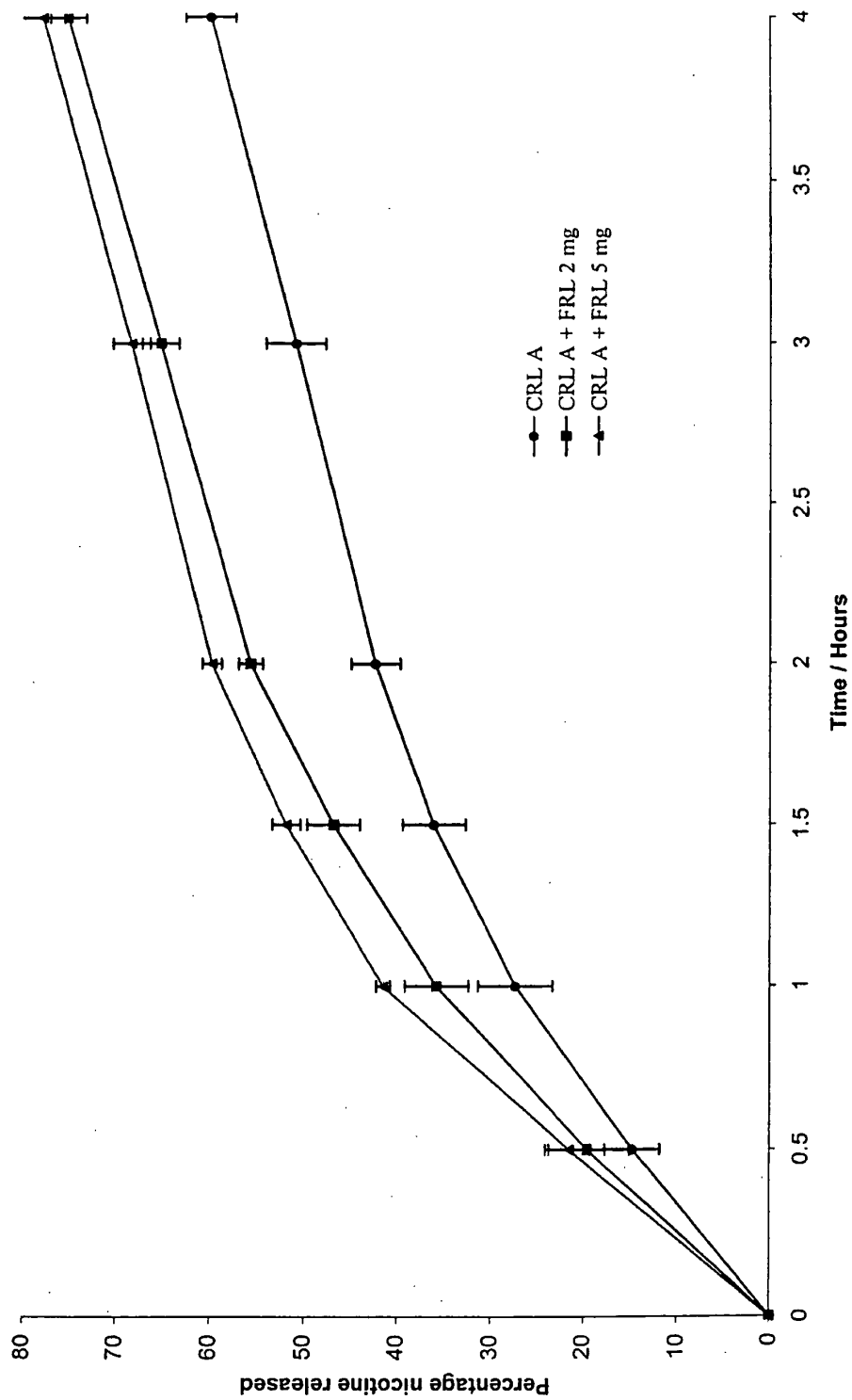


Figure 10. Demonstration of the linear relationship between NHT release rates and HPC content of nicotine buccal adhesive tablets using diffusion dissolution apparatus.

Fig 11

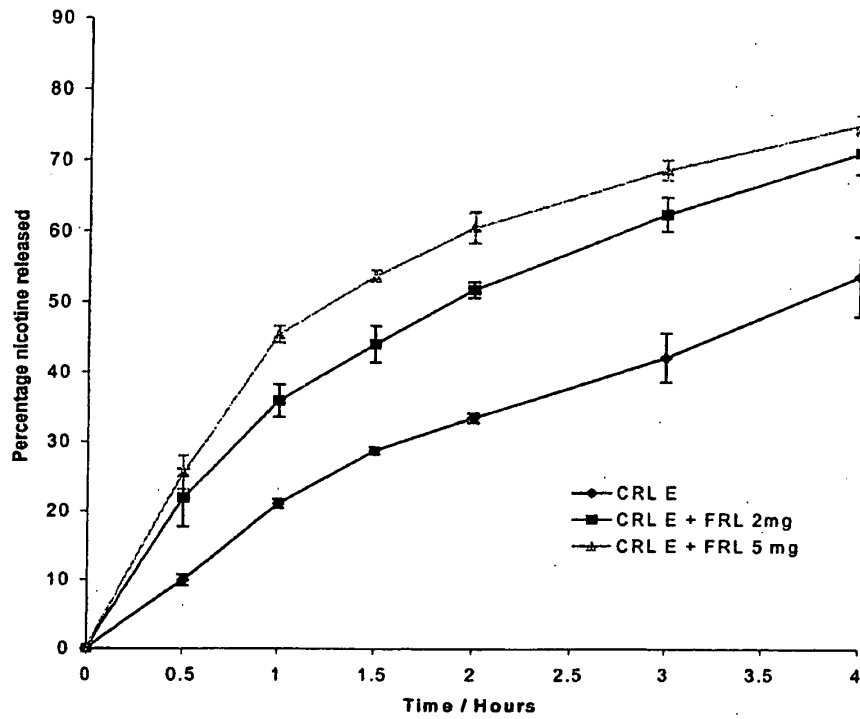


Figure 12. Dissolution profiles for formulation E and bilayer tablets consisting of formulation E and 2 mg and 5mg NHT fast release layers.

Figure 13. Drug release profiles of NHT bilayer tablets over the first hour of a 4 hour flow through dissolution test.

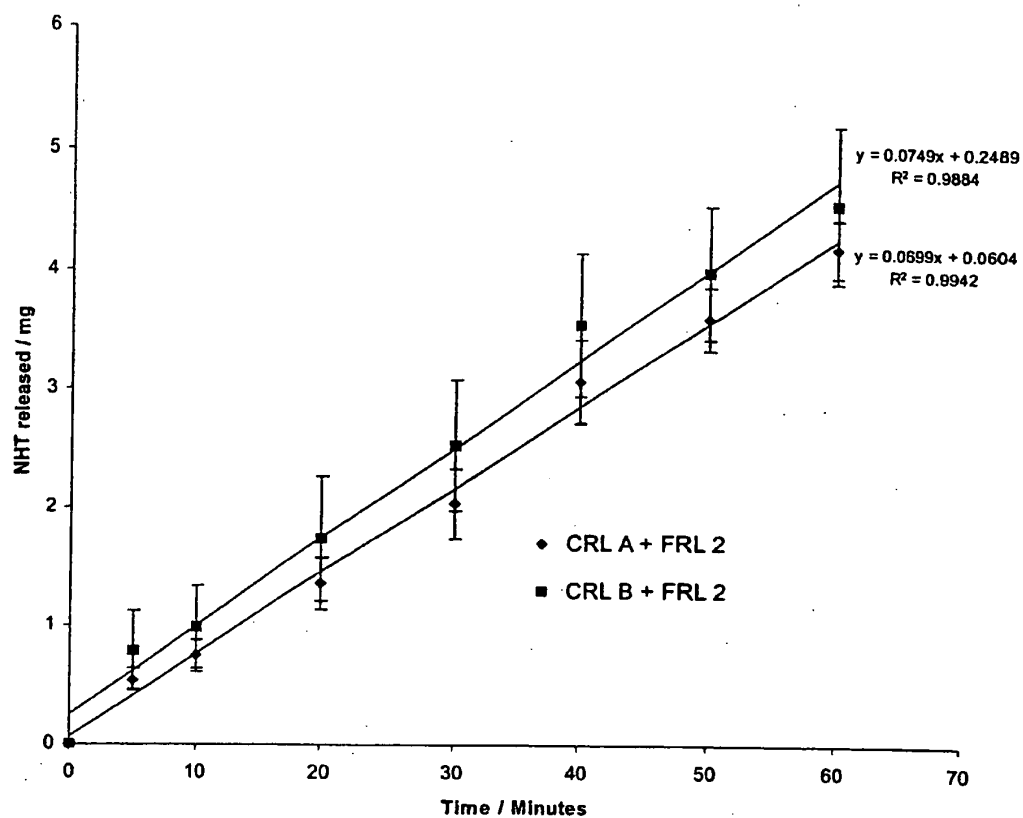


fig 13

## INTERNATIONAL SEARCH REPORT

national Application No

PCT/GB 00/04428

## A. CLASSIFICATION OF SUBJECT MATTER

IPC 7 A61K9/24 A61K31/465

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC 7 A61K

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

EPO-Internal, WPI Data, PAJ, BIOSIS, CHEM ABS Data, EMBASE, MEDLINE

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	<p>US 5 879 710 A (BROMET NORBERT E) 9 March 1999 (1999-03-09)</p> <p>column 1, line 12 - line 21 column 3, line 58 - column 4, line 2 column 4, line 33 - line 37 column 4, line 50 - column 5, line 5; claims 1,2,6; example 1; tables 1,2 --- -/--</p>	<p>1-8, 12-14, 16-23, 25, 27-33,36</p>



Further documents are listed in the continuation of box C.



Patent family members are listed in annex.

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Date of the actual completion of the international search

27 February 2001

Date of mailing of the international search report

12/03/2001

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## INTERNATIONAL SEARCH REPORT

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## C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	<p>LEE Y ET AL: "Oral mucosa controlled delivery of LHRH by bilayer mucoadhesive polymer systems" JOURNAL OF CONTROLLED RELEASE, NL, ELSEVIER SCIENCE PUBLISHERS B.V. AMSTERDAM, vol. 37, no. 3, 1 December 1995 (1995-12-01), pages 251-261, XP004037428 ISSN: 0168-3659 page 252, left-hand column, line 4 - line 31 page 252, right-hand column, last paragraph; table 1 page 253, right-hand column, last paragraph -page 254, left-hand column, paragraph 1 page 254, left-hand column, last paragraph -page 255, right-hand column, paragraph 1; figure 2 page 260, line R, paragraph 2 ---</p>	<p>1-7, 10, 12-14, 16-23, 25, 27-32, 35, 36</p>
X	<p>US 5 236 713 A (WATO TAKAHIKO ET AL) 17 August 1993 (1993-08-17)</p> <p>column 2, line 18 - line 24 column 2, line 34 - line 48 column 3, line 13 - line 41 column 3, line 54 - line 59 column 3, line 37 -column 4, line 25; claims; examples ---</p>	<p>1-8, 12-14, 16-23, 25, 27-33, 36</p>
X	<p>WO 98 46235 A (FIERUS MONIKA ;NEUSER DIETER (DE); BAYER AG (DE); WIEHL WOLFGANG ( ) 22 October 1998 (1998-10-22)</p> <p>page 1, paragraph 1 page 1, paragraph 3 - paragraph 4 page 3, last paragraph -page 4, paragraph 1; claims; examples ---</p>	<p>1-3, 10-13, 15, 17-19, 21, 24-26, 35, 36</p>
A	<p>WO 92 01445 A (ALZA CORP) 6 February 1992 (1992-02-06) page 5, paragraph 1 - paragraph 4 page 5, last paragraph -page 6, paragraph 2 page 6, last paragraph -page 7, line 1; claims 1,2,9,12,13,18-20; figures 1,5; examples ---</p>	<p>1-36</p>
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I. national Application No

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T	PARK C R ET AL: "Formulation of a bilayer buccal adhesive tablet for nicotine replacement therapy." JOURNAL OF PHARMACY AND PHARMACOLOGY, vol. 52, no. Supplement, September 2000 (2000-09), page 303 XP000982579 137th British Pharmaceutical Conference;Birmingham, England, UK; September 10-13, 2000 ISSN: 0022-3573 the whole document -----	1-36

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Information on patent family members

national Application No

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